



**International MOMS Club®
Fact Sheet**

HOOT & HOWL Activity Groups For MOMS Club Chapters

What is a HOOT or HOWL?

HOOT and HOWL are activity groups specifically for members whose husbands travel out of town or work very late (hence the names – “Husbands Out Of Town” (HOOT) or “Husbands Working Late” (HOWL)). Whatever the name, these activity groups are intended to give extra support to these members during times when they may feel especially alone or stressed by temporarily being a “single parent.”

If some of your chapter’s members have a need for this kind of support, you can appoint a HOOT/HOWL Chairmom to help them. She can either gather the away-schedules of the members’ husbands and the members can call her to see who’s available when they need extra support, or the Chairmom can just maintain a list of who is in the activity group and the moms can call on their own when they want to do something with another HOOT/HOWL mom.

HOOT/HOWL activities are not put on the chapter calendar because they are spontaneous outings or get-togethers among the HOOT/HOWL members when they need support. If the moms know in advance that their husbands will be gone, they can plan activities ahead of time, but none of this group’s activities are put on the calendar because the activities are **ONLY** open to those moms whose husbands are unavailable because of travel or work hours.

If you have a HOOT/HOWL activity group:

- 1) Make sure all members understand that participation is limited to those mothers whose husbands are out-of-town or work evenings. If your HOOT/HOWL members get together in the evening, other members are not eligible to participate, unless that is your chapter’s one evening MOMS Night Out that month;
- 2) Create a list of HOOT/HOWL members and appoint a Chairmom. Have the activity group members decide if they want the Chairmom to be the go-to person when one of them needs support, or if they would rather just call each other informally when the need for extra support arises;

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3) Do not publicize specific HOOT/HOWL activities on your calendar. The activities are planned between HOOT/HOWL members, with the Chairmom and Executive Board's knowledge. This activity group's activities are not open to mothers whose husbands are home. Membership in this activity group is very limited. Only mothers whose husbands are not home because of work or travel may be in the group;

4) Because the whole purpose of HOOT/HOWL activities is to give extra support to mothers who are temporarily single parents when their husbands are at work or traveling, all HOOT/HOWL activities must include the children. All activities should be family-oriented.

If you have any questions
about HOOT/HOWL activity groups
or any other activity groups,
contact your Regional Coordinator.

